

## **\*\*Breaking Barriers Collectively ROSC**

Monthly Meeting Minutes — July 17, 2026\*\*

### **1. Welcome & Opening Engagement**

**Presenter: Marsha Zanders** Marsha opened the meeting with a warm welcome to all attendees. Participants engaged in brief connection-building questions, sharing what brought them to the meeting, how recovery support looks in their communities, and recent wins or challenges. This set a supportive and collaborative tone for the discussion.

### **2. Introductions**

#### **Presenters:**

- *Marsha Zanders, ROSC Coordinator*
- *Troya Mosley, ROSC Outreach Coordinator*

Marsha and Troya provided an overview of their roles within the Breaking Barriers Collectively ROSC Council. They highlighted the communities served—Englewood, Gage Park, and West Lawn—and shared updates on current ROSC activities, community engagement efforts, and ongoing outreach initiatives.

### **3. Meeting Flow Overview**

Attendees received a brief outline of the meeting structure, including:

- **ROSC Overview** — What a ROSC is, why it matters, and how community-driven systems strengthen recovery.
- **Where We Are Today** — Current strengths, community involvement, and recent developments.
- **Goals & Key Focus Areas** — Service delivery, identifying gaps, and strengthening collaboration.
- **Open Discussion** — Space for shared insights, needs, challenges, and next steps.

### **4. ROSC Overview — What Is a ROSC?**

A Recovery-Oriented System of Care (ROSC) was defined as a community-driven network focused on collaboration, accessibility, and long-term wellness. Discussion emphasized the importance of building supportive environments that assist individuals and families at every stage of recovery. Key points included reducing stigma, expanding access, and fostering coordinated care.

## 5. Where We Are Today

The team shared updates on current initiatives and partnerships across Englewood, Gage Park, and West Lawn. Highlights included:

- Increased community engagement through outreach events
- Strengthened relationships with local service providers
- Progress in identifying emerging needs and areas requiring additional support
- Continued efforts to expand recovery-focused resources and collaboration

## 6. Goals & Key Focus Areas

The group reviewed priority areas for the ROSC Council:

- Strengthening service delivery across target communities
- Improving coordination and communication between providers
- Identifying gaps in recovery supports and barriers to access
- Ensuring culturally responsive, community-centered approaches
- Enhancing collaboration to build a unified recovery support network

## 7. Open Discussion

**Presenter: Dr. Valentina, Clinical Psychologist — Effective Service Delivery** Attendees shared feedback, community observations, and resource needs. Key themes included:

- Challenges related to service accessibility
- Opportunities for deeper collaboration among agencies
- Interest in expanding peer-led initiatives
- Suggestions for future meeting topics and community engagement strategies

The group collectively identified next steps to strengthen recovery support systems and improve coordination across partners.